

# **CURRICULUM VITAE**

**Edward W. Younger, III, M.D.**

**M.R.K. Medical Consultants**

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## **BIOGRAPHICAL INFORMATION**

Date of Birth: June 14, 1953: Valparaiso, Indiana

## **EDUCATION**

1971 Crystal Lake Community High School, Crystal Lake, Illinois  
1973 McHenry County College, Woodstock, Illinois  
1976 University of Illinois, Urbana, Illinois; B.S. Chemistry  
1980 Chicago Medical School, Chicago, Illinois; M.D.

## **POST GRADUATE TRAINING**

Internship: University of California, Davis; Surgery 1980-1981  
Residency: University of California, Davis; Surgery 1981-1983  
University of California, Davis: Orthopaedic Surgery 1983-1987

## **CURRENT STATUS**

President and Medical Director, MRK Medical Consultants, 2005 – Present  
Private practice, Carmichael, CA, 2005 - Present  
Northern California Orthopedic Centers, Orthopedic Surgery, Carmichael, CA, 1995 –2004  
Private practice, Carmichael, CA, 1987 – 1995  
Affiliated with Mercy San Juan Medical Center, Sutter Roseville Medical Center, Greater Sacramento Surgery Center  
Chairman, Division of Orthopaedic Surgery, Mercy San Juan, 1991-1993 & 1996-1997  
Mercy San Juan Medical Center – Member at Large, Medical Executive Committee, 2001-2001 and 2006-2009

## **BOARD CERTIFICATION**

1989 & 1999 Diplomat – American Board of Orthopaedic Surgery

**PROFESSIONAL MEMBERSHIPS AND HONORS**

Fellow – American Academy of Orthopaedic Surgeons  
California Orthopaedic Association  
Western Orthopaedic Association  
Alpha Omega Alpha

**MEDICAL LICENSURE**

State of California - #G45220

**RESEARCH**

1984 – 1985 Morbidity of Bone Grafts, University of California Davis Medical Center  
1984 – 1985 Effect of Prostaglandin's and Indocin on Flexor Tendon Healing, University of California Davis Medical Center

**OTHER MEDICAL EMPLOYMENT**

1981 – 1984 Kaiser Permanente Hospital, Sacramento, California; P/T Emergency Physician

**PRESENTATIONS**

"Spine Infections" Clinical Orthopaedics, Sacramento, CA 1985  
"Total Hip Revisions" Clinical Orthopaedics, Sacramento, CA 1983  
"Nutrition of Flexor Tendons" American Society for Surgery of the Hand, 1985 National Meeting, Las Vegas, Reviewer  
"Morbidity of Bone Graft Donor Sites" American Academy of Orthopaedics National Meeting, New Orleans, 1986  
"Effects of Prostaglandin's on Flexor Tendon Healing in Rabbits" Orthopaedic Research Society Annual Meeting, 1986  
"Effects of Indomethacin on Flexor Tendon Healing in Rabbits" American Orthopaedic Association Residents Conference, Salt Lake City, Utah, March, 1987

## **PUBLICATIONS**

1. Younger, E.W. and Szabo, R.M., Stability of Prostaglandin's in Dilute Physiological Solution, Prostaglandin's, May 1986
2. Younger, E.W. and Szabo, R.M., Effect of Continuous Local Irrigation with PGI-1 on Flexor Tendon Healing and Adhesions, Orthopaedic Transactions, V10, 1986
3. Morbidity at Bone Graft Donor Sites, Journal of Orthopaedic Trauma, 1989;3 (3)
4. The Effects of Indomethacin on Adhesion Formation after Repair of Zone II Tendon Lacerations in the Rabbit; Journal of Hand Surgery; 1990, May; 15 (3) 480-3
5. An Apparatus to Measure Flexor Tendon Excursion and Angular Motion of the Distal Interphalangeal Joint in a Rabbit Model; Journal of Orthopaedic Research, 1988

## **CONTINUING ORTHOPAEDIC EDUCATION**

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|------|--|
| 1987 | AAOS Annual Meeting; Numerous and various topics; 36 hours CME   |
| 1987 | AAOS Anterior Cruciate Ligament Surgery; 19 hours CME  |
| 1989 | Arthroscopic Surgery of the Shoulder; Dr. J. Esch; 14 hours CME  |
| 1989 | AAOS Summer Institute; 34.5 hours CME  |
|      | <ol style="list-style-type: none"><li>1. Lumbar Spine Surgery, Current Concepts.</li><li>2. Foot and Ankle Controversies</li><li>3. Shoulder Arthroscopy</li><li>4. Revision Total Hip and Knee Reconstruction</li></ol> |
| 1991 | AAOS Annual Meeting; numerous and various topics; 34.5 hours CME   |
| 1991 | Arthroscopy Association of North America Meeting; 7 hours CME  |
| 1991 | Hip and Knee Arthroplasty Summit; 10 hours CME   |
| 1992 | Interface Options; 3 hours CME   |
| 1992 | 4 <sup>th</sup> Fracture Management Symposium; 15 hours CME  |
| 1992 | Jackson Spinal Fixation; 8 hours CME   |
| 1992 | AANA; The Shoulder, Arthroscopic Management; 7 hours CME   |
| 1992 | AANA; The Knee, Anterior Cruciate Reconstruction and Meniscus Repair; 6.5 hours CME  |
| 1993 | AAOS; Annual Meeting, numerous and various topics; 30.5 hours CME  |
| 1993 | Hip Society and Knee Society; 8 hours CME  |
| 1993 | California Workers Compensation; 8 hours CME   |
| 1993 | Revision Hip and Knee Arthroplasty; 13 hours CME   |
| 1993 | Global Total Shoulder Arthroplasty; 4.5 hours CME  |

- 1994 Mercy Hospital – Appropriate Use of Autologous Blood, Acute Pain Therapies, 2 hours CME
- 1994 California Orthopaedic Association Annual Meeting, 8 hours CME
- 1995 Western Orthopaedic Association – Controversies in Fixation of Total Joint, 12 hours CME
- 1995 California Qualified Medical Examiner – 6 hours CME
- 1995 American River Hospital – numerous and various topics, 8 hours CME
- 1996 Orthopaedic Alumni Research Symposium – 10 hours CME
- 1997 Review and Update for Practicing Orthopaedists – 24 hours CME
- 1997 AAOS Annual Meeting – 29.5 hours CME
- 1997 Arthroscopic Association of North America – Specialty Day, 7.25 hours CME
- 1997 Foot and Ankle Society – Summer Meeting, 13 hours CME
- 1998 State of the Art in Orthopaedics – Hip and Knee Replacement and Medical Economics, 18 hours CME
- 1998 State of the Art in Orthopaedics – Upper Extremity Replacement, 5 hours CME
- 1998 Industrial Medicine Council – Workers Compensation, 6 hours CME
- 1998 Industrial Medicine Council – A Manual for Treating Physicians, 4 hours CME
- 1998 Orthopaedic Self Assessment Exam and Orthopaedic Knowledge Update5, 100 hours CME
- 1999 Mercy Healthcare – numerous and various topics, 8 hours CME
- 1999 Orthopaedic Trauma Association – Annual Meeting, 18.5 hours CME
- 1999 American Academy of Orthopaedic Surgery–66<sup>th</sup> Annual Meeting, 28.5 hours CME
- 1999 American Orthopaedic Society for Sports Medicine-Specialty day, 8 hours CME
- 1999 American Board of Orthopaedic Surgery – Re-certification, 100 hours CME
- 01/99 Elliott-Lopez Publications – Cumulative Trauma, 3 QME units
- 07/99 Elliott-Lopez Publications – Medical Reports, 3 QME units
- 2000 Mercy Healthcare Sacramento – numerous and various topics, 8.5 hours CME
- 01/00 Elliott-Lopez Publications – Physicians, Privacy, and Employment Law, 3 QME units
- 07/00 Elliott-Lopez Publications – QME Sanction Guidelines, 3 QME units
- 02/01 American Academy of Orthopaedic Surgeons, 16 hours
- 03/01 “State of the Art in Orthopaedics”, 30 hours
- 2001 CHW/Mercy Healthcare Sacramento CME – various topics, 6 hours
- 10/01 Orthopedic Trauma Association Annual Meeting, 19 hours
- 09/02 Monterey Trauma Update, 14.5 hours
- 2002 CHW/Mercy Healthcare Sacramento, various topics, 6 hours
- 03/03 State of the Art in Orthopaedics, 30 hours

2003 CHW/Mercy Healthcare – various topics, 7 hours  
2004 CHW/Mercy Healthcare - various topics, 6 hours  
02/04 American Academy of Orthopedic Surgeons annual meeting, 16 hours  
03/04 AAOS Annual Meeting, 28 hours  
05/04 Workshop on Unicompartement and Patellofemoral Knee Arthroplasties, 6 hours  
02/05 AAOS Annual Meeting, 28 hours  
02/05 Ortho Rehab Assoc. – Independent Medical Evaluations  
02/06 State of the Art in Orthopaedics, 19 hours  
03/06 AAOS Annual Meeting, 27 hours  
03/06 Cervical Spine: Neck pain, radiculopathy and myelopathy  
03/06 Expert Witness Testimony  
03/06 Knee Society – Specialty Day, 8 hours  
2006 CHW/Mercy Healthcare – various topics, 12 hours  
03/08 AAOS Annual Meeting, 22 hours  
03/08 Lumbar Spine: The Herniated Disc (at AAOS)  
03/08 Indications and Techniques of Anterior Cervical Fusion (at AAOS)  
03/08 Arthroscopy Association Specialty Day, 5 hours