

MUSTAFA A. MUFTI, MD
CLINICAL & FORENSIC PSYCHIATRY

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CURRICULUM VITAE

WORK EXPERIENCE

Christiana Care Health System

- Program Director Psychiatry Residency Training, November 2019 to date

Penn Foundation

- Attending Psychiatrist, June 2020 to date

Psychiatry Delaware

- General Adult & Forensic Psychiatrist, November. 2016 – to date

Crownhills Enterprise, Inc

- Forensic Psychiatrist, March 2017- to date

Mufti Forensics

- Forensic Psychiatrist, July 2016 - to date

Christiana Care Health System

- Associate Training Director Psychiatry Residency Training Program, April 2019 to November 2019

Delaware Division of Substance Abuse and Mental Health, Delaware Psychiatric Center

- Clinical Director of Forensic Services, July 2016 - April 2019

Christiana Care Health System

- Psychiatrist, October 2016 – April 2019

MHM Services, Inc.

Philadelphia Prison System

- Psychiatrist, January 2016 – March 2017

Kent Sussex Counseling Services

Substance use and Co-occurring Mental Health Treatment

Methadone & Buprenorphine Treatment Program

- Psychiatrist, April 2015 - June 2015

FACULTY POSITIONS

University of Pennsylvania, Department of Forensic Psychiatry

- Core Clinical Instructor, July 2017 to April 2019

Delaware Psychiatry Residency Program

- Attending Psychiatrist, July 2016 to April 2019

BOARD CERTIFICATION

Diplomate American Board of Psychiatry and Neurology -
September 2016

Board Certification in the Subspecialty of Forensic Psychiatry -
October 2017

EDUCATION

Fellowship, July 2015- June 2016

- Perelman School of Medicine, University of Pennsylvania
Forensic Psychiatry

Residency, July 2011-June 2015

- Delaware Psychiatric Center
General Adult Psychiatry Residency
Chief Resident 2014-2015
Co-Chief Resident 2013-2014

Medical College, 1996-2001

- King Edward Medical College
Bachelor of Medicine and Bachelor of Surgery (M.B., B.S.)

High School. 1991-1995

- International School of Islamabad
1992-1995
- Elmira Free Academy, Elmira, NY
1991-1992

MEDICAL LICENSURE

State of Delaware Medical License - Active

Commonwealth of Pennsylvania Medical License - Active

CERTIFICATIONS

Medication Assisted Treatment (MAT)

- Granted waiver to use opioid drugs for the maintenance and detoxification
treatment of opioid addiction - June 2017

APPOINTMENTS

Partners in Public Safety Solutions, Inc.

- Board Member, December 2020 to date

Adult Correctional Healthcare Review Committee, Chair

- Committee Member, May 2016 to December 2020
(Received confirmation by Delaware Senate to serve a three-year term.)
Charge: Advisory council to the Governor on all matters related to the provision of inmate healthcare services, and review all statistics related to the inmate healthcare.

Criminal Justice Mental Health Specials Needs Committee

- Committee Member, March 2017 to date
Appointed by the Honorable Jan R. Jurden, President Judge Superior Court of Delaware

Family Services Cabinet Council

- Committee Member, August 2017 – June 2018
Charge: Provide integrated resources for adults and juveniles exiting prison/detention and their families.

CLINICAL RESEARCH EXPERIENCE

Emory University

- Post-Doctoral Fellow, July 2010 - June 2011

Emory University

- Lead Research Specialist, June 2007 - June 2010

Emory University

- Research Specialist, November 2006 - June 2007

Emory University

- Research Assistant, July 2006 - October 2006

Emory University

- Volunteer, Fuqua Center for Late - Life Depression, April 2006 - June 2006

ADDITIONAL EXPERIENCE

Winsted Pediatrics

- Medical Outreach Program, September 2005-March 2006

Khan Lithotripsy Center, May 2003-February 2005

- Primary Care Physician

Shifa International Hospital Ltd., May 2002-November 2002

- Internship, Infectious Disease

Shifa International Hospital Ltd., Oct. 2001-April 2002

- Internship, Internal Medicine

Mufti Diagnostic Services Laboratory, January 1998-June 1999

- Director

Shifa International Hospital Ltd., August 1995-December 1995

- Registration officer

PUBLICATIONS

- Shand J.P, Watson C, Mufti, M, *Recognizing and Reducing Risk of Violence Toward Forensic Practitioners*, American Academy Of Psychiatry and the Law 49th Annual Meeting October 2018
- Joy M, Viridi S, Mufti M, Watson C, A Guide to Involuntary Commitment in Delaware, Delaware Journal of Public Health, Dec. 2016
- Mufti M, Sadoff R, *Retention of the Court's Jurisdiction after Conditional Release of Individual Found Not Criminally Responsible*, June 2016, J Am Acad Psychiatry Law 44:261-263
- Mufti M., *Extremism, Radicalization, and Terror: Can Psychiatry Help?* American Association of Psychiatry and the Law Newsletter, Sept. 2015 Vol. 40 No. 3
- Mufti MA, Holtzheimer PE, Epstein CM, Quinn SC, McDonald WM. Bupropion Decreases Resting Motor Threshold: Brain Stimul. 2010 Jul;3(3):177-80. Epub 2009 Sep 11, PMID:20633447
- Holtzheimer PE 3rd, Meeks TW, Kelley ME, Mufti M, Young R, McWhorter K, Vito N, Chismar R, Quinn S, Dey S, Byrd EH, McDonald WM. A double blind, placebo-controlled pilot study of galantamine augmentation of antidepressant treatment in older adults with major depression. International Journal of Geriatric Psychiatry. 2008 Jun; 23(6): 625-631. Cited in PubMed; PMID: 18058832
- Holtzheimer PE, McDonald WM, Mufti MA, Kelley ME, Quinn SC, Corso G, Epstein CM, Accelerated repetitive transcranial magnetic stimulation (rTMS) for treatment-resistant depression. *Depress Anxiety*. 2010 Oct;27(10):960-3, PMID:20734360

PRESENTATIONS

- Mufti M., Hon. Judge Carpenter, C (2018, February) “*Mental Health and Mens Rea*”, provided training to over 100 Judges across Pakistan about mental health and criminal responsibility
- Mufti M, (2017, October) “*Protecting Yourself while Protecting Others*”: Practical Applications in Forensic Psychiatry, University of Pennsylvania, Department of Forensic Psychiatry,
- Mufti, M (2017, May) *Outpatient Commitment: A Tour of the Practices Across States*, Symposia, APA annual meeting
- Mufti M, (2016, December) *Civil Commitment Laws in Delaware*, Christiana Care Health System Psychiatric Emergency Room

- Mufti M, Weiss K, (2016, October) *“Look what I did!”: Social Media and Self-incrimination*. Poster presentation, American Academy of Psychiatry and the Law, Annual meeting.
- Mufti M., (2016, April) *“Look what I did!”: Social Media and Self-incrimination*. Forensic Psychiatry Grand Rounds, University of Pennsylvania Perelman School of Medicine
- Mufti M., Ali F., Chandra S., *When does the Practice of Medicine Become a Crime?* (2015, December) December Fellows Interdisciplinary Case Conference, University of Pennsylvania Perelman School of Medicine
- Mufti M, Watson C, Diamond M, (2015, October). *Personal Safety in the Workplace*. Workshop presented at: Institute for Psychiatric Services Annual Meeting.
- Mufti M, (2015, January) Repetitive Transcranial Magnetic Stimulation (rTMS) for the Treatment of Major Depression. *Grand Rounds Presentation*, Delaware Psychiatric Center
- Mustafa A. Mufti MD, (2014, March) *Vivitrol for the Treatment of Bulimia Nervosa*, Poster Presentation, Philadelphia Psychiatric Society Colloquium of Scholars
- Mufti M, Robinson E, Wogu C, Schneider K, Rawheiser A, Morris C, Macy C, Cannady D, Ayoola K, (2013, May) *Seclusion & Restraint Compliance & Documentation at Delaware Psychiatric Center*, Presentation and Training, Delaware Psychiatric Center

RESEARCH PROJECTS

- Memory and the Hippocampus in Vietnam-era Twins With Post-Traumatic Stress Disorder, 2010-2011
- Mechanism of Depression in Cardiovascular Disease, 2010-2011
- Stress and Vascular Disease Evaluation in Twins (SAVE-IT) from Post-Traumatic Stress Disorder, 2010-2011
- Mechanisms Linking Depression to Cardiovascular Risk (The Twins Heart Study-2), 2010-2011
- A Double Blinded Placebo-Controlled Trial of repetitive Transcranial Magnetic Stimulation for the Treatment of Depression.
- Accelerated repetitive Transcranial Magnetic Stimulation for the Treatment of Depression. 2006-2010
- Imaging in Late-Life Depression, 2008-2009
- A Double Blinded Placebo-Controlled Trial of Galantamine Augmentation of an Antidepressant Medication. 2008
- Imaging Brain Amyloid in Late-Life Depression. 2009-2010
- Deep Brain Stimulation for Treatment Resistant Depression. 2009-2010
- Deep Brain Stimulation for the Treatment of Parkinson’s disease. 2009-2010

PROFESSIONAL ORGANIZATIONS

- Member of American Academy of Addiction Psychiatry, 2017-current
- Member Psychiatric Society of Delaware, 2015 - current
- Member American Psychiatric Association 2011- current
- Member American Association of Psychiatry and the Law, 2015-current
- Member American Association of Psychiatry Program Directors, 2019-current
- Member American Medical Association 2012 – 2020
- Member Medical Society of Delaware 2020 – current

PROFESSIONAL JOURNALS

- Reviewer, The Journal of American Academy of Psychiatry and the Law, 2021 to current

DIDACTIC COURSEWORK & CURRICULUM DEVELOPMENT

- Residency Director, Christiana Care Psychiatry Residency Training Program, November 2019 to date
- Site Director, University of Pennsylvania Forensic Psychiatry Fellowship, Delaware Health and Social Services - Delaware Psychiatric Center (DHSS - DPC) July 2016 - April 2019

EXPERIENCE AS A TRAINER

- Crisis Intervention Training for Correctional Officers, Medication and Treatment Modalities of Mental Illness, July 2019
- Crisis Intervention Training for Correctional Officers, Medication and Treatment Modalities of Mental Illness, December 2019
- Mental Health Credentialed Screener Training, Delaware Health and Social Services/Delaware Division of Substance Abuse and Mental Health, January 2019
- Mental Health Credentialed Screener Training, Delaware Health and Social Services/Delaware Division of Substance Abuse and Mental Health, January 2020
- Mental Health Defenses in Delaware, Criminal Law Section of the Delaware Bar Association, February 2020

LEGISLATIVE EXPERIENCE

- ACHRC bill –HB 173., June 2019, assisted in drafting the amendments to House Bill 173

COMMITTEES

- Christiana Care Physician Diversity Alliance, Co-Leader for a Employee Resource Group
- Member Delaware Psychiatric Center Clinical Executive Committee, 2017 to date Dec. 2020 – current

- Member Delaware Psychiatric Center Graduate Medical Education Committee, 2016 to date
- Member Delaware Psychiatric Center Graduate Medical Education Committee, 2014-2015
- Member Wilmington Community Mental Health Clinic Trauma Committee 2015
- Member Delaware Psychiatric Center Clinical Policy and Procedure Committee 2015
- Member Delaware Psychiatric Center Electronic Health Record Committee 2014
- Member Delaware Psychiatric Center Medical Records Committee 2012
- Member of Performance Improvement Initiative on Seclusion and Restraint Committee, Delaware Psychiatric Center 2012-2014
- Member Delaware Psychiatric Center Library Committee 2011-2012
- Member Delaware Psychiatric Center, Library Advisory Board, 2012-2013
- Member Delaware Psychiatric Center, Medical Records Committee, 2012-2013
- Member Pakistan Medical & Dental Council, 2002-2003
- Member Students' Organization for Blood Donation, 1997-1999
- Member Student Patient Welfare Society, 1998-2000

AWARDS/ACCOMPLISHMENTS

- 2020 Top Doctors, Delaware Today
- 2020 Top Doctor Award in General, Adult, and Forensic Psychiatry in Delaware
- 2019 Top Doctor Award in General, Adult, and Forensic Psychiatry in Delaware
- 2018 Top Doctor Award in General, Adult, and Forensic Psychiatry in Delaware
- Outstanding Resident Leadership Award, Delaware Psychiatry Residency Training Program, 2014-2015
- Department of Substance Abuse and Mental Health "Cause for Applause" 2012
- Daily Left Prefrontal Transcranial Magnetic Stimulation Therapy for Major Depressive Disorder, A Sham-Controlled Randomized Trial Mark S. George, Arch Gen Psychiatry. 2010; 67(5):507-516, Special Acknowledgment.
- WHO National Polio Vaccination Program, Member 1998-1999.
- Young Physician Award, Shifa International Hospital Ltd., 2002
- Peer Facilitators Training, Narcotic International Matter Center for Substance Abuse Prevention, 1994

COURSES

- Disability Examination Management Office, General Certification, Philadelphia VAMC, 2015

- Disability and Medical Assessment, Initial Mental Disorders Examination, Philadelphia VAMC, 2015
- Disability and Medical Assessment, Medical Opinions, Philadelphia VAMC, 2015
- Disability and Medical Assessment, Medical Sexual Trauma and Disability Examination Process, Philadelphia VAMC, 2015
- Disability and Medical Assessment, Aggravation Opinion, Philadelphia VAMC, 2015
- Disability and Medical Assessment, Initial Post-Traumatic Stress Disorder Examination, Philadelphia VAMC, 2015
- HIPPA Privacy and Security Training, State of Delaware, Human Resource Management, 2014
- Transforming Power of Recovery 2011
- Information Security 201 for Research and Development Personnel, Veterans Administration Learning University 2010
- CR-Assist Training, ACTSI 2008 IRB Protection of Human Research Subjects course, Univ. of Miami, W.H.O. Programs 2006

LANGUAGES

Fluent in English, Urdu, and Hindi (With excellent interpersonal communication skills.)

PERSONAL INFORMATION

Nationality
United States of America

REFERENCES

Available on request.